



Information Package

Contents:

★	Mission Statement	Page 2
★	Program Philosophy	Page 2
★	Principles of Treatment	Page 3
★	General Information	Page 4
★	Admission of Residents	Page 4
★	Community Living	Page 5
★	Transportation	Page 5
★	ARC's Relationship with Other Agencies	Page 5
★	Fee Schedule	Page 6
★	Rules and Regulations	Page 7
★	House Arrest Program	Page 12
★	GARR - Georgia Association of Recovery Residences	Page 13
★	Directions to ARC	Page 14
★	Directions to ARC-Brunswick	Page 14

ALPHA RECOVERY CENTERS

**P.O. Box 421998
Atlanta, GA 30325**

**ATLANTA
(404) 329-9991
(404) 459-9769 (FAX)**

**BRUNSWICK
(912) 554-2025
(912) 554-2031 (FAX)**

WEB SIGHT:

www.alpha-recovery.com

MISSION STATEMENT

It is the vision of the founders of Alpha Recovery Centers, Inc. (ARC) to provide quality, effective, residential substance abuse treatment, at an affordable cost to the client, while maintaining integrity with other treatment professionals and the criminal justice system.

PROGRAM PHILOSOPHY

The founders of ARC believe that in order for the treatment of addiction to be effective it must be holistic. In addition to the treatment of the primary illness of chemical dependency or substance abuse it must also address the psychological and social behaviors, which precipitate substance abuse and are exacerbated by prolonged, chronic use. The overt manifestation of addiction is characterized not only by compulsive use of mind altering and/or mood changing chemicals, but is also associated with other self destructive intrapersonal and interpersonal patterns of behavior. Long-term recovery is dependent upon changing these self-destructive behaviors.

Addiction is progressive. Left untreated, and addict's physical and psychological dependence upon their drug of choice continues to escalate. The negative impact upon an individual's physical and mental health increases as substance abuse escalates. The potential outcomes of untreated addiction are incarceration, impairment of physical and/or mental health and in extreme cases, death.

Addiction is chronic in nature. The best outcome a client may hope for is remission. Attempts to return to a "controlled" or "recreational" use of any mind altering and/or mood changing substances will reactivate the compulsion to use and bring about a return to behavior patterns that existed prior to treatment. The onset of symptoms returns more rapidly than when the behavior was first acquired. The belief in total abstinence from any mind altering or mood changing substance is the foundation of the ARC philosophy.

ARC holds the belief that addiction is treatable providing the addict is willing to work a daily recovery program. It is further believed that treatment of an addict's family and significant others enhances the probability of long-term recovery and reintegration into the family structure and community.

Left untreated, addiction is believed to be a terminal illness. Death may occur from primary physiological symptoms of alcohol or drug use (e.g., cirrhosis of the liver) or the secondary effects (e.g., cardiovascular disease) Death may also be the result of alcohol and drug related accidents or suicides. Additionally, there are affective implications in long term, untreated addiction. Feelings of guilt, shame, and unworthiness lead to social isolation and failure of interpersonal relationships.

Addiction impairs the ability of the client to delay the need for gratification and to interact appropriately with others. Decisions are made based on the need for immediate gratification. These decisions are usually self-serving and self-centered, indicating a lack of or an arrested spiritual development.

PRINCIPLES OF TREATMENT

ARC adheres to the following beliefs about the treatment that it provides to clients:

1. Effective treatment of addiction requires a multi-disciplinary approach. Skilled professionals trained in the psychological, social and spiritual aspects of recovery work together in planning each phase of a client's treatment. These include, but are not limited to: the Executive Director, Counselors and Ancillary staff. Consultation with outside medical and mental health professionals is sought when requested by the client or determined to be necessary by the treatment team.
2. ARC encourages the client's family and significant others to become involved in the treatment process. This involvement takes the form of referral to family support groups and family/marital therapy as indicated. The primary goal of outpatient and recovery residence treatment is to reintegrate the client into his/her family and community systems as soon as possible.
3. The structured and supportive environment provided by ARC makes it possible for clients to address the emotional changes brought about by long-term addiction. Shame, guilt, low self-esteem, fear and anger are common psychological themes which clients are able to explore. Special issues of men and women are addressed in gender specific groups.
4. ARC believes that an essential component of a client's treatment program is the development of a spiritual life including an active relationship with a higher power of their choice. Regular attendance of a 12-step program is required and participation in the church of their choice is encouraged.
5. ARC believes that it has an obligation to clearly define its treatment goals to both the client community and the referral community at large. These goals are:
 - a. The client will abstain from all mind altering and/or mood changing chemicals;
 - b. The client will verbalize an understanding of the disease concept of addiction;
 - c. The client will identify and express feelings in an appropriate, healthy manner;
 - d. The client will become involved and participate in a 12-Step fellowship regularly. The client will get and use a sponsor regularly;
 - e. The client will perform daily chores, daily meal preparation, weekly food purchases and other living skills as assigned;
 - f. The client will obtain employment and assume financial responsibility for all treatment fees. Disabled clients may substitute volunteer work for employment;
 - g. The client will participate in leisure activities and therapeutic leaves, using these leaves to repair damaged family and significant other relationships.

GENERAL INFORMATION

Alpha Recovery is a supportive, structured living environment for addicts who are new in their recovery. Residents are subject to nightly curfews, random urine screens, and are required to attend Alcoholics Anonymous or Narcotics Anonymous meetings on a daily basis, in addition to weekly groups at Alpha Recovery. Residents are required to work, unless there is a physical or mental disability, which prevents them from doing so.

The minimum length of stay at Alpha Recovery is twelve months. It is strongly recommended, especially in parole and probation cases, that a resident remains for completion of the entire program, which is eighteen months. The length of time for completion of the program is determined by the residents' participation and progress in the program.

We strongly believe that the Criminal Justice System is overrun with cases that are directly related to an individual's addiction problem. We have found that the treatment provided in the prison system isn't enough. While providing education to the addict, they do not afford the person the opportunity to practice the necessary life skills they have learned. At Alpha Recovery, the client is allowed to implement the skills in which the recovery lifestyle requires, while still under structure and supervision. We feel that our program is an effective alternative sentencing strategy to truly rehabilitate addicts whose disease has led them into legal problems.

The formation of the Alpha Recovery program is a culmination of ideas and experiences of several people actively participating in 12-Step programs of recovery. Alpha Recovery staff has found that the ideas and theories taught in the 12-Step fellowships implemented in a structured living environment greatly enhance the chances of recovery.

Alpha Recovery recognizes that the disease of addiction affects the addict physically, mentally, emotionally, and spiritually, and that the success of any program of recovery lies in daily commitment to a 12-step program. Alpha Recovery believes that regular attendance (90 meetings in 90 days) and application of the principles of these programs are the foundations for that success. The Alpha Recovery staff is made up of people who are professional treatment providers and/or recovering addicts, themselves. We are available to clients to help in teaching the twelve steps and the practical application of these principles in daily living.

The programs of A.A. and N.A. teach us that there will come a time when nothing will stand between the addict and a drink or a drug but his relationship with his Higher Power. We, therefore, encourage spiritual growth.

ADMISSION OF RESIDENTS

There are no exclusions based on age, race, color, creed, sexual orientation, religion, or lack of religion. Alpha Recovery staff will conduct a personal screening interview with all prospective residents and appropriateness for admission will be determined on an individual basis. Only those who are willing to seek recovery shall be admitted. Upon approval for admission, residents are requested to have the following recent treatment records forwarded to Alpha Recovery, if available: diagnostic summary (with Multi-Axial Assessment), social history, treatment plan, and aftercare plan and medication list, if applicable. On the day of admission to Alpha Recovery, staff will conduct an entry interview with each resident to include a personal data history, fee contract agreement, rules and regulations agreement, other applicable paperwork and unit placement.

COMMUNITY LIVING

Life in a residential treatment community is a new, and sometimes confusing, experience for most clients. To minimize the stress involved in early recovery, Alpha Recovery has developed a structured program that exists to enable the total community to function in a constructive and supportive atmosphere. At the time of admission to Alpha Recovery, each resident is fully briefed concerning all rules and regulations of the residential requirements. The Alpha Recovery staff provides supervision of the residential community to include individual, group and family interactions. Staff members are available on a 24-Hour basis. Each unit is under the direction of a Senior Resident, then the Case Manager, and finally the Program Director.

Each member of the Community is required to attend specific groups each week. Part of the **Community Meeting** function shall be to introduce new members to the community, to positively reinforce responsibility in the clients, and to educate clients in areas directly related to substance abuse. In the **Peer Group Meeting**, the Senior Residents have the responsibility of confronting irresponsibility and giving consequences, reviewing meeting attendance, and reviewing Therapeutic Leaves. Staff members will be present at these Peer Group Meetings in an advisory capacity; however, staff reserves the right to make final decisions. Residents will be required to attend **Group Therapy** each week. All clients will be admitted into Orientation Phase before moving into any other Phase.

TRANSPORTATION

Alpha Recovery Centers does not provide transportation. Residents may bring their personal vehicle to Alpha Recovery if they provide a copy of their drivers license and a copy of current proof of insurance card, however, residents may be subject to surrender of their vehicle as a consequence for various rule infractions. Public transportation is available to all residents. Residents are encouraged to seek transportation from other residents, sponsors, or appropriate contacts in the 12-Step fellowship (transportation not supervised by Alpha Recovery staff must be with all males or all females).

ALPHA RECOVERY CENTERS RELATIONSHIP WITH OTHER AGENCIES

Alpha Recovery Centers places a high priority on treatment. Our staff maintains constant liaison with treatment staff and criminal justice agencies regarding resident progress via telephone consultation, on-site client review conferences and written reports. If Alpha Recovery is a secondary treatment provider to the primary outpatient program or counselor, we require that residents follow their primary care givers treatment plan. If a resident fails to follow through with treatment commitments while Alpha Recovery, the resident will be subject to discharge.

SCHEDULE OF FEE'S

<u>Admission Fee</u>	\$ 300.00	Admission Fee
	<u>\$ 900.00</u>	First Months Fees
	\$1,200.00	Total.

The Admission Fee includes Intake Session, Bio/Psycho/Social Assessment, Nursing Assessment, Admission Drug Screen and the first months Residential Fees.

Residential Fee\$ \$ 225.00 per week.
Client may opt to pay this fee on a monthly basis at a rate of \$900.00 per month.

Alpha Recovery Centers will provide housing, utilities, local telephone service, individual and group sessions and two (2) drug screens per month.

Aftercare Fee \$ 50.00 per week.

Alpha Recovery Centers will provide group session and weekly drug screen.

Additional Services:

Copy of File	\$.25 per page
Chargeable Urine Screen	\$25.00
Transport fee - local	\$75.00
Transport fee to Brunswick	\$200.00

** additional service fees must be paid in advance

COURT SERVICES

Jail screening and court appearance fees may vary from one jurisdiction to another, depending on distance of travel. The Metro Atlanta area includes City of Atlanta, Fulton County, DeKalb County, Cobb County, Clayton County and Gwinnett County. If your jurisdiction is not listed, please contact our office for a fee amount.

Metro Atlanta Area Fees or jail screenings are \$100.00. The defendant's attorney should make arrangements with the appropriate authorities for a contact visit with our staff member to conduct a Mental Health Screening for Substance Abuse. This correspondence should be forwarded to our office as well.

Metro Atlanta Area fees for Court Appearances are \$300.00 for a half day, then \$75.00 per hour thereafter. Our Staff needs as much advance notice as possible to schedule a Court Appearance.

Fees for Jail Screenings and Court Appearances are to be **paid in advance**. Be mindful that the Court is not obligated to take our recommendation. Fees are non-refundable regardless of outcome in Court.

Note: Fees for Services not listed will be determined by the Financial Director.



Alpha Recovery Centers - Atlanta **Rules & Regulations**

Violation of the following rules is grounds for immediate suspension of residential treatment and/or discharge from the program. Please note that if you are mandated by parole, probation, drug court, or pretrial services and you are suspended or discharged for any reason the incident will be reported immediately to the supervising officer. If the supervising officer determines that readmission to Alpha Recovery Centers is inappropriate, then readmission will be denied, regardless of program policies regarding readmission.

1. No use of any mind-altering and/or mood-changing drugs. This includes alcohol and over-the-counter drugs. Residents may not use mouthwash unless it is alcohol-free. **Residents must check with a staff member before taking any medication** other than those listed on the approved medications list. Residents must submit to urine drug screens and or breath tests upon request. Refusal to submit to a drug screen and/or breath test will be considered an admission of using. No using paraphernalia is permitted in any unit. A relapse is grounds for immediate suspension or discharge. **NO EXCEPTIONS!** Residents must adhere to the following guidelines in order to be considered for readmission:

- A. Remains drug free over the suspension or discharged period.
- B. Contacts staff daily over the suspension or discharged period.
- C. Continues to attend groups and 12 Step meetings over the suspension period.
- D. Provides a clean urine drug screening, at clients' expense, upon request during suspension or discharged period and/or return to the program.
- E. Commits to 12 weeks in the relapse prevention group (1st relapse) or completion of an intensive outpatient program (2nd relapse), at clients' expense.
- F. Completion of any other assignments given by the staff.

Residents will not be readmitted after a third relapse. Residents will not be readmitted if they use in an Alpha Recovery unit. Residents will not be readmitted if they coax another resident to relapse with them.

Residents are not allowed to go to bars, nightclubs, pubs, or any alcohol-serving or adult entertainment establishments while at Alpha Recovery. Restaurants that serve alcohol should be visited with discretion. If you are unsure, contact Staff. Residents are not allowed to drink non-alcoholic or low alcohol beer, wine, champagne or sparkling beverages while at Alpha Recovery.

2. No physical or emotional pairing off with anyone. Contact with partners of marriage, engagement or other long-term relationships *are subject to staff approval and limited to Therapeutic Leave only*, upon completion of Significant Others/Family Support questionnaire. Residents who are not involved in an existing relationship may not date while on Phases 1-3. Residents may not call units of the opposite sex, for any reason. No one of the opposite sex is allowed in the units without prior staff approval. No Resident or former Resident may date or have sexual relations with any other Alpha Recovery Resident while either Resident is still at Alpha Recovery.

3. No fighting or threats of physical violence. No weapons are allowed in any unit.

4. No participation or involvement in any illegal activities.

5. **NO SMOKING** in the units. In accordance with state and local fire, safety, and health ordinances, no smoking is allowed in any unit. Smoking is permitted in patio areas only.

Violation of the following rules carries various consequences, including suspension of residential treatment and/or discharge from the program, depending on severity and frequency of infractions.

6. Residents are required to promptly attend and participate appropriately in all scheduled Alpha Recovery groups and activities. Staff must approve tardiness or absence from an Alpha Recovery group at least three hours before the beginning of the group to be missed; however this does not necessarily constitute an **excused** tardiness or absence. Residents are required to attend 12 Step Fellowship meetings as prescribed by the client's current phase Rules and Objectives Form. All Residents are required to document group and meeting attendance on the form provided.

7. All Residents in the Orientation Phase will be on Buddy System; Buddy System is defined as: Residents on the Buddy System shall be with another member of the community (of the same sex) in Phase 2 or higher while away from the office or residences of Alpha Recovery Centers, other than work or outpatient treatment. It is the responsibility of the peer group and/or the community members to be available as a Buddy for all newcomers to the group.

8. No Therapeutic Leave will be issued until Phase 2. Phase 2 Therapeutic Leaves will be issued for 24 hours only. Phase 3, 4 or 5 Therapeutic Leaves will be issued for 48 hours only. Residents may take a Therapeutic Leave **every other weekend**. Supervising officers for mandated clients reserve the right to deny Therapeutic Leave privileges. Residents may not take a Therapeutic Leave if they do not turn in a completed Meeting Verification Sheet. Residents may not take a Therapeutic Leave if they have an outstanding financial obligation to Alpha Recovery. No Resident will leave for a Therapeutic Leave until their fees have been satisfied. Residents must submit Therapeutic Leave requests to the Peer Group at the Peer Group meeting before the Therapeutic Leave is to be taken. Peer Groups, Senior Residents and/or Staff reserve the right to deny any Therapeutic Leave. If a Peer Group or Senior Resident denies a Therapeutic Leave, they must be present for an appeal to take place. Staff's decision is the final authority on any issue. Peer Groups are responsible for ensuring that no Resident is left alone for the weekend.

9. All Residents are required to work 35-40 hours per week or be a full-time student. This rule does not apply to Residents who are in outpatient treatment. No Resident is allowed to work more than 50 hours per week. Residents are required to post their work schedule on the bulletin board on a weekly basis. Residents work schedule must contain the following information: Names of employer, immediate supervisor, phone number, and days and hours of work. Unemployed Residents are required to submit potential employment contacts weekly on the form provided. Unemployed Residents must submit at least three applications per day, during the week (Mon-Fri). Disability recipients must do volunteer work for at least 20 hours per week, unless physically or mentally incapable of such. Volunteer work is to be documented on a Community Service Verification Form.

10. Residents are required to adhere to curfew. Residents are required to page on-call staff member if they anticipate they are going to be late for curfew. Consequences will still be placed if you call in late, however they will not be as severe as when no call is placed. Curfew is as follows:

Phase	1	2	3	4	5
Sun - Thurs	10:00 pm	10:30 pm	11:00 pm	11:30 pm	12:00 mid
Fri and Sat	11:00 pm	11:30 pm	12:00 mid	12:30 am	1:00 am

Any Resident less than 17 years of age will adhere to the Fulton County Minor Curfew Law of 12:00 midnight to 5:00 a.m. regardless of Phase 4 or 5 curfews. Any resident who is under the jurisdiction of the State Board of Pardons and Paroles or Intensive Probation Supervision will adhere to mandated curfew regardless of Phase 4 or 5 curfews.

11. Lights Out is at 11:30 p.m. during the week (Sun-Thurs). Lights Out is defined as respect of others while sleeping. Residents may read or watch television after Lights Out provided that other Residents are not disturbed. No use of washer and/or dryer after Lights Out. No use of shower or bathtub after Lights Out. No televisions are allowed in the bedrooms. Stereo equipment is not allowed in the units. Boom boxes and clock radios may be brought to Alpha Recovery units at the Resident's risk. Staff will remove these items if this privilege is abused. They are to be kept at a low volume in respect to other Residents.

12. Residents are required to be out of bed by 8:00 a.m. during the week (Mon-Fri). Residents are required to be out of bed by 11:00 a.m. on weekends (Sat-Sun). Residents are required to make their beds within 30 minutes after awakening and before leaving the unit. Pulling sheets and blankets over the bed does not constitute making the bed; if you need instructions on how to make a bed please contact a Staff Member.

13. No one is allowed in any unit between 9:00 a.m. and 3:00 p.m. during the week (Mon-Fri). Exceptions will be made only for those who are sick, outdoor employees during inclement weather, employees who work evenings, and employees who work weekends with days off during the week.

14. Residents are required to participate in the cleaning of their unit, including but not limited to the kitchen, bathrooms, dining room, living room, hallways, bedrooms, patio(s) and grounds around the unit. Residents are responsible for keeping their personal areas, including closets neat and clean. A resident's clothing and personal belongings will be stored neatly at all times. All assigned duties should be completed by 9:00 a.m. during the week (Mon-Fri) and by 12:00 noon on weekends (Sat-Sun). Garbage is to be removed from the unit on a daily basis and placed in the proper receptacle provided by the complex. No garbage is to be left in hallways, breezeways or on the patio at any time.

15. All units are subject to random inspection for cleanliness and contraband. This includes drawers, closets, etc. Any vehicle used while at Alpha Recovery is subject to inspection for contraband. Any package, purse, suitcase, parcel, or incoming or outgoing mail are subject to inspection for contraband.

16. Residents are required to sign in and out on the form provided when leaving from and returning to the unit. Residents are required to leave a phone number of their whereabouts. For instance if you are going to work, visiting friends, or family, you are required to list that phone number on the sheet.

17. Residents may visit other Alpha Recovery units, but only units of the same sex. No outside visitors allowed in any unit without prior staff approval. Any peer group member of the unit reserves the right to ask any visitor(s) to leave at any time. Residents may not visit other non-Alpha Recovery units in the complex. Residents are not allowed to go into the bedrooms when visiting other apartments. NO EXCEPTIONS. No over night guest(s) will be permitted in Alpha Recovery units.

18. Residents may not sleep on the couch or floor. Residents may not lie on the couch. No eating is permitted in the Living Room area. No food or beverages are allowed in the Bedroom areas.

19. Residents must wear appropriate sleeping garments while sleeping. No nudity is allowed while at Alpha Recovery. If you sleep in undergarments, you must wear a robe when out of bed. Residents must dress appropriately. Appropriately is defined in the Dress Code of Alpha Recovery Centers. If you are told that a certain article of clothing is inappropriate, you are to change clothes immediately. If you are told that a certain article of clothing is inappropriate, you are not to wear that article of clothing again while at Alpha Recovery.

20. No using related or violence related posters, tee shirts (or other clothing), decorations, or music allowed in the units or on the person of any Alpha Recovery Resident.

21. Residents are required to tend to personal hygiene on a daily basis.
22. No Resident will have any part of their body tattooed or pierced while in the Alpha Recovery Program.
23. No pornographic materials allowed. No pornographic materials allowed. No pornographic materials allowed. No pornographic materials allowed. No pornographic materials allowed. Any questions?
24. **ABSOLUTELY NO RESIDENT** shall remove any property of Alpha Recovery Centers. Senior Residents shall inventory all Alpha Recovery Centers units monthly. Residents are personally responsible for the immediate repair or replacement of property missing or damaged by their negligence.
25. Residents are responsible for purchase and preparation of food. Refer to Rule # 4 for food theft issues.
26. Residents are responsible for their own transportation. Staff cars are not taxis. If we are going to the same destination you may ask for a ride, otherwise MARTA bus stops are in walking distance of the office and the apartments. The number for Checker Cab is (404) 351-1111. No personal vehicles are to be driven without providing Alpha Recovery with a photocopy of a valid license and proof of insurance on the vehicle to be driven. No motorcycles are to be driven while at Alpha Recovery, except when the bike is a person's sole means of transportation. No Alpha Recovery Resident or former Resident may ride any other Alpha Recovery Resident or former Resident on a motorcycle while either Resident is still at Alpha Recovery. Residents are not allowed to lend their vehicle to any other Resident.
27. Residents must report loss of key to staff. Residents will not be issued a key while on Buddy System. The Senior Resident is responsible for issuing a key to new Residents. Any Resident may collect a key from any discharged Resident at any time, and then turn that key over to the Senior Resident. A Peer Group may vote to give a new resident a key earlier than the prescribed period, however, the Peer Group will be responsible for missing property and lock changes if the new resident abuses this privilege. All members of the Peer Group must unanimously agree to issue a key earlier than the prescribed period. Alpha Recovery will order a lock change upon receipt of \$25.00 from the Peer Group to cover expense of changing locks.
28. Phone calls will be limited to 10 minutes while others are waiting to use the phone. No phone calls will be received after 11:30 p.m. except in case of an emergency. All Alpha Recovery phones are equipped with *call waiting*. **Residents are required to answer any incoming phone calls immediately.** Staff, Senior Residents, and Peer Groups have the right to screen any phone call. No phones are to be taken into the bedrooms or bathrooms, except the Senior Resident may have a phone in the bedroom, **but only for night use for emergency purposes.**
29. No outdoor grills maybe used, except in pool or parking lot areas.
30. Any client who carries a cell phone or pager is required to submit the phone number or pager number to the staff.
31. No Resident is allowed in any Staff office without a Staff member present. The computers in the offices store confidential information; therefore, it is essential that Residents do not use the computers.
32. Residents who participate in outside therapy programs are required to adhere to all rules and regulations of that program. It is the responsibility of Residents who participate in individual counseling at Alpha Recovery to contact the counselor to arrange a meeting schedule. Residents who miss counseling meetings with their counselor are required to give a 24-hour notice or be subject to a charge of ten dollars (\$10.00) as a missed appointment fee.
33. No Resident will have anyone call Alpha Recovery for any information without first signing a release of information form.

**Alpha Recovery Centers - Atlanta
Rules and Regulations**

34. No Resident will disclose any information about another Resident or former Resident to anyone outside the community. Refer any inquires to the staff.

35. Senior Residents, Peer Groups, the Community and/or Alpha Recovery Staff will assign consequences for violation of any of the rules and regulations. Any consequence can be appealed, in writing, to any staff person, within five days. Two or more staff members and/or the Senior Resident of the Resident appealing the consequence will hear appeals. All consequences assigned are to be carried out by the Resident until an appeal can be heard.

36. No Resident will ask a Staff Member to change any other Staff Members decision. Refer to Rule # 35 for appeal procedures.

37. Any client who has knowledge of another client violating any rule, and does not inform a staff member will receive a similar consequence to the Resident who actually violates the rule, including suspension or discharge from the program.

38. Alpha Recovery Staff may implement other rules or regulations on an individual, the Peer Group or the Community as necessary.

House Arrest Program Substance Abuse Treatment and the Criminal Justice System Combine

Many times a person finds themselves in front a judge with charges that are directly related to alcohol and/or drug use. These people are not necessarily “criminals”, but addicts. Would these people really be in trouble if they were not addicted? If they were treated for the disease of addiction, and began a program of recovery, would they be in court again? If the true intent of the criminal justice system is to rehabilitate the individual, shouldn't the individual be treated for their addiction?

But then there are critics who feel that current penalties aren't stiff enough... That the judge should throw the book at these individuals... Is there a way to address both the criminal element of drug related crimes, but still treat the disease, which perpetuates the criminal behavior?

Alpha Recovery is working in conjunction with companies that offer Electronic Monitoring to offer a House Arrest Program. Clients under the House Arrest Program are serving a confinement sentence, but still receive the treatment they desperately need to address their addiction issues. The client is still required to meet all the criteria of the Alpha Recovery Program, work, therapy groups and 12 step meeting attendance. Other than the time allotted for these activities, the client is confined to their unit for monitoring. This program allows a judge to hand down a confinement sentence, yet still offer the rehabilitative therapy to decrease the chances of a reappearance of the client in court.

Another benefit of this program is that the taxpayers no longer bear the expense of incarceration. This program is self-paid, by the client. The cost of this program is approximately \$300.00 per month for the monitoring service, based on which monitoring company the client wishes to use, plus the normal rate of the Alpha Recovery Program. Based on a 30-day month, this program would cost the client about \$28.00 per day. This is less than the daily rate of a moderate hotel room! When compared to the daily rate of an in-patient treatment facility or the cost of incarceration, the difference is significant.

The most important benefit of this program is to the clients themselves. This program allows the individual to become an acceptable, responsible, and productive member of society. It allows them to interact within society, yet still receive the support and structure so vital to those new in recovery. If the program doesn't work for an individual... then his probation or parole can be revoked... he is then incarcerated. If the program does work for an individual, then both the criminal justice system and the substance abuse treatment field have both accomplished their objectives.

Note: Clients that are placed on electronic monitoring by the criminal justice system are responsible for all costs associated with the electronic monitoring program. These costs include, but are not limited to; monthly monitoring charges and the cost of the addition of a phone line to the unit for monitoring equipment as well as monthly phone line charges from the phone company.

GARR
Georgia Association of Recovery Residences

Committed to setting the standards for quality recovery residence treatment in Georgia

HISTORY

The Georgia Association of Recovery Residences (GARR) was founded in 1987 out of a need to evaluate and monitor quality of care in a rapidly growing field of addiction treatment in Georgia. It was the first association to develop and maintain a standards system for recovery residence programs in the state.

PHILOSOPHY

We believe in quality care for chemically dependant individuals and other persons needing recovery residence treatment. We believe that this can best be achieved through the creation and maintenance of standards designed for that purpose. We further believe that all people have the right to recover in an atmosphere which meets their special needs as well as their basic needs for safety, dignity and respect.

INTENT

The intent of GARR is to:

- ! Create, monitor, evaluate and improve standards and measure of quality for recovery residences in Georgia.
- ! Maintain a forum for exchanging ideas, solving problems and providing guidance.
- ! Provide community education about recovery residences and related topics.

BENEFITS OF MEMBERSHIP

- ! Being a member of a recovery residence association dedicated to continuing quality improvement.
- ! Staying abreast of current trends and other matters affecting recovery residences.
- ! Having input into decisions affecting recovery residences in Georgia.
- ! Having access to an experienced membership for assistance in solving problems.

MEMBERSHIP CRITERIA

- ! Passage of initial evaluation and other scheduled evaluations by GARR Standards Committee.
- ! Maintaining membership standards.
- ! Staying current with membership dues.

GARR MEETINGS

GARR meets bimonthly on the first Tuesday of the month at 10:30 AM.

Meeting Location:

Clarkston United Methodist Church
3919 Church Street
Clarkston, Georgia

It is advisable to contact GARR prior to attending your first meeting in order to clarify meeting time and location as well as to get directions.

Alpha Recovery Centers is a member in good standing with the Georgia Association of Recovery Residences. When referring your client to a residential program or half-way house, please ask that facility to verify their credentials. Asking a program to verify their credentials protects you as a professional, and it protects your clients.

DIRECTIONS TO ALPHA RECOVERY CENTERS

From the Northwest

(Cobb County, Marietta, Smyrna,
Dalton, Rome, TN, KY)

75 South to 285 East
285 East to Roswell Road
Turn right on Roswell Road

2 miles inside the Perimeter on right
4558 Roswell Road
2nd driveway for Chastain Apartments
2nd building on left
Bottom left apartment (J-1)

From the Northeast

(Gwinnett County, Hall County,
Gainesville, SC, NC, VA)

85 South to 285 West
285 West to Roswell Road
Turn left on Roswell Road

From the East

(Augusta, Rockdale County, Conyers,
Covington, South SC)

Take 20 West to Downtown Atlanta

85 North to GA 400 North
Exit Lenox Road (1st exit)
Turn right on Lenox Road
Turn left on Phipps Service Road
Turn left on Weiuca Road
Fork right on West Weiuca Road
Turn right on Roswell Road
2 blocks North on Roswell Road on Left
4558 Roswell Road
2nd driveway for Chastain Apartments
2nd building on left
Bottom Left Apartment J-1

From the West

(Douglas County, Villa Rica, Carrollton, AL,
LA, MS, TX)

Take 20 East to Downtown Atlanta

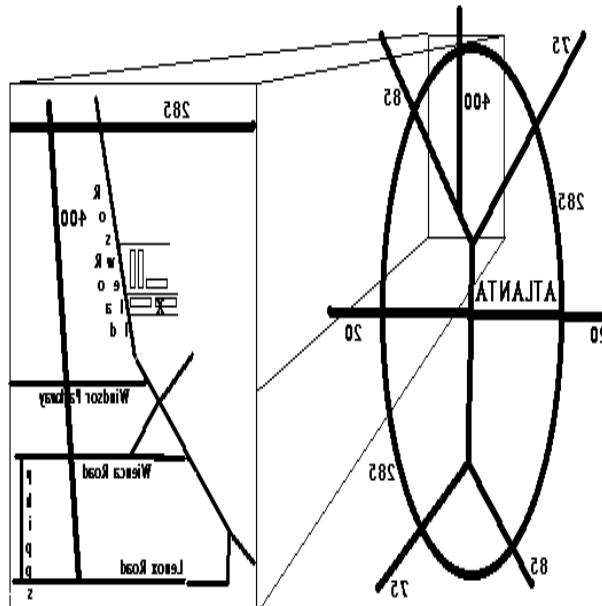
From the South

(Atlanta, Clayton County, South GA, South
AL, FL)

75/85 North to Downtown Atlanta
85 North to GA 400 North
Exit Lenox Road (1st exit)
Turn right on Lenox Road
Turn left on Phipps Service Road
Turn left on Weiuca Road
Fork right on West Weiuca Road
Turn right on Roswell Road
2 blocks North on Roswell Road on Left
4558 Roswell Road
2nd driveway for Chastain Apartments
2nd building on left
Bottom left apartment (J-1)

From the MARTA (Public Transportation) System

Take Rail line to Lindberg Station
Take Bus Number 5
Exit Bus in front of Chastain Apartments
4558 Roswell Road
2nd driveway for Chastain Apartments
2nd building on left
Bottom left apartment (J-1)



DIRECTIONS TO ALPHA RECOVERY CENTERS – BRUNSWICK

From the North

(Darien, Savannah, Macon, Atlanta, I-675, I-20, I-85, TN, SC, NC, etc.)

Take I-75 South from Atlanta to Macon.

Take Exit 165 onto I-16 East from Macon towards Savannah.

Take Exit 157-A onto I-95 South from Savannah towards Brunswick.

Take Exit 42 on to GA Highway 99 East (turn left at top of exit ramp).

GA Highway 99 dead-ends into US Highway 17 (approx. 1 mile).

Turn right (South) on US Highway 17.

Turn left into Alpha Recovery Centers at 5046 US Highway 17 (approx. 2 miles).

From the South

(Woodbine, St. Mary's, Jacksonville, FL, I-10, AL, MS, etc.)

Take I-95 North from Jacksonville to Brunswick.

Take Exit 38 onto Golden Isles Parkway {SR 25 Spur} (turn right at top of exit ramp).

Move immediately into left lane.

Turn left on Glynco Jetport Road (first left turn).

Glynco Jetport Road dead-ends into US Highway 17 (approx. 2 miles).

Turn left (North) on US Highway 17.

Turn right into Alpha Recovery Centers at 5046 US Highway 17 (approx. 2.5 miles).

